# Games of Power

An Impossible Games Presentation
By Paul Phillips

#### Game

# Any behavior with a goal or objective

#### Game of Power

Any behavior:

To get, maintain, or control attention
To be important
To feel powerful

### Winning

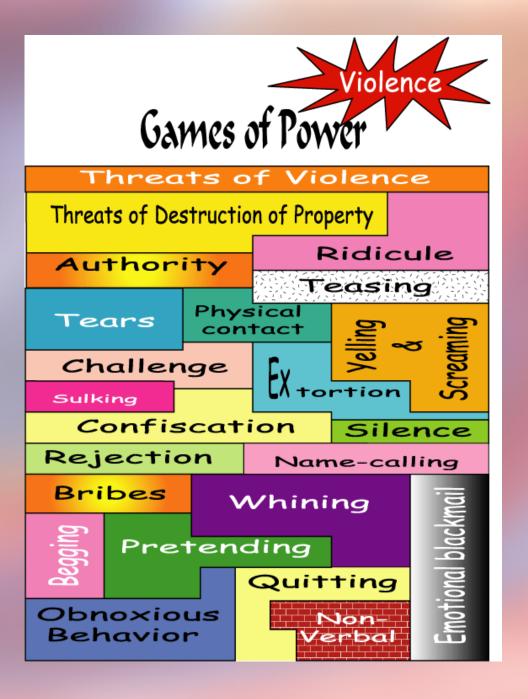
To meet the objective by

Getting, maintaining, or controling attention
Being important
Feeling powerful

### Losing

To not meet the objective by

Being ignored
Feeling insignificant.
Being rejected
Treated as a marginalized person.
Feeling powerless.



#### The Names Of The Games

Authority	Begging	Bribes
Challenge	Confiscation	Whining
Sulking	Emotional Blackmail	Name calling
Non-verbal Communications	Obnoxious Behavior	Physical Contact
Pretending	Quitting	Rejection
Silence	Tears	Teasing
Threats of destruction	Threats of violence	Yelling and Screaming
Extortion	Violence	

### Authority

I'm the leader and you do what I say.

I'm the teacher.

You are my son and don't you forget it.

If you do that, you are grounded.

Yelling at.

It is my job as A parent to inform you.

Who do you think you are?

This is the police. Don't move.

#### Games of Power

### Challenge

Dare me

I'm better than you

Nanny-nanny

What's wrong with you

Name calling

Prove it

I can play

#### Games of Power

#### Obnazious behaviar

Gross out

Being a pest

Vulgarity

Name calling

Do the opposite

Open disrespect

#### Bribes and confiscation

Want to earn A quick buck?

I'll give you money for each 'a' on your report card.

Grab the hat, purse or other thing & refuse to give it back.

#### Silence

Tell David I'm not talking to him
Nobody talk to her
Over-talking when someone is talking
I'm not listening to you
The silent storm - banging, slamming
Muttering under your breath
Ignore the question

#### Games of Power

### Name calling

Annoying Andrea	Vivacious Vivian	Aggressive Annie
Happy Henry	Playful Penny	Manipulative Michelle
Bad Bob	Ordinary Olivia	Tough Ted
Willing William	Stubborn Stuart	Mean Michael
Rough Ralph	Kind Kevin	Jealous Jenny
Silly Susan	Neat Ned	Wonderful Wanda
Worried Warren	Caring Calvin	Corrupt Cory
Cool Katie	Mad Marvin	Magnificent Melissa
Beautiful Betty	Zany Zach	Devious David
Frank Frank	Generous George	Irritating Ivan
Sad Sylvia	Tearful Terry	Dull Don
Grumpy Gary	Touchy Tanya	Elegant Edward
Just Justin	Dubious Daniel	Enlightened Elaine
Fearful Fred		

#### Non-verbals

Flirting - eye talk
Provocative or flashy clothing
Hair
Logos, signs and symbols on clothes
Perfume -- the right smell

# Begging & pleading

The sob story
I'm going to kill myself
Putting yourself down
Begging and pleading
Pleeeeeeeeeee

# Sulking

Mope in A corner Rescue me

#### Blackmail

I'm going to tell about when you did that.

I'll tell that you did it even though it's not true.

You owe me

#### **Emotional blackmail**

I'll love you if you do that.

The guilt trip

I'm disappointed in you

If you do this, I'll be you friend for ever.

#### Threats of violence

Threats of bodily harm

- · Against you
- · Against somone you care about

### Threats of destruction of property

- · Against you
- · Against somone you care about

### Destruction of property

- · Residence
- Personal property
- · Homework
- · Property of somone you care about

#### **Violence**

- · Fists
- Weapons
- · Against you
- · Against somone you care about

#### When you are A victim,

How do you feel?

How do you behave?

What choices do you have?

### Ways to respond

Choose to play, Choose not to play, Choose surrender

### Choose to play

Respond with your own Game Of Power

Danger: You may escalate the intensity of the conflict!

### Choose not to play

Say, "I choose not to play your games.".

Walk away: a consequence still exist.

You may be branding and labeling coward, chicken,

You can still get hurt by not playing.

Someone can still mess up your life.

### The fear can limit your world.

Walking away from a fight can be dangerous.

What about all those things that may happen?

What do people think?

What will they say?

### Games of needy people.

Games of power are the games of needy people.

Without a victim a bully is powerless.

Without an audience, the showoff has no show.

Without an opponent a player has no game.

Without a follower a leader cannot lead.

Without a student a teacher cannot teach.

So who has the power?