

Games of Power

An Impossible Games Presentation

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Game

Any behavior with a goal
or objective

Game of Power

Any behavior:

To get, maintain, or control attention

To be important

To feel powerful

Winning

To meet the objective by

Getting, maintaining, or controlling
attention

Being important

Feeling powerful

Losing

To not meet the objective by

Being ignored

Feeling insignificant.

Being rejected

Treated as a marginalized person.

Feeling powerless.

Games of Power



Games of Power

The Names Of The Games

Authority	Begging	Bribes
Challenge	Confiscation	Whining
Sulking	Emotional Blackmail	Name calling
Non-verbal Communications	Obnoxious Behavior	Physical Contact
Pretending	Quitting	Rejection
Silence	Tears	Teasing
Threats of destruction	Threats of violence	Yelling and Screaming
Extortion	Violence	

Games of Power

Authority

I'm the leader and you do what I say.

I'm the teacher.

You are my son and don't you forget it.

If you do that, you are grounded.

Yelling at.

It is my job as A parent to inform you.

Who do you think you are?

This is the police. Don't move.

Challenge

Dare me

I'm better than you

Nanny-nanny

What's wrong with you

Name calling

Prove it

I can play

Obnoxious behavior

Gross out

Being a pest

Vulgarity

Name calling

Do the opposite

Open disrespect

Bribes and confiscation

Want to earn A quick buck?

I'll give you money for each 'a' on your report card.

Grab the hat, purse or other thing & refuse to give it back.

Silence

Tell David I'm not talking to him

Nobody talk to her

Over-talking when someone is talking

I'm not listening to you

The silent storm - banging, slamming

Muttering under your breath

Ignore the question

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Name calling

<i>Annoying Andrea</i>	<i>Vivacious Vivian</i>	<i>Aggressive Annie</i>
<i>Happy Henry</i>	<i>Playful Penny</i>	<i>Manipulative Michelle</i>
<i>Bad Bob</i>	<i>Ordinary Olivia</i>	<i>Tough Ted</i>
<i>Willing William</i>	<i>Stubborn Stuart</i>	<i>Mean Michael</i>
<i>Rough Ralph</i>	<i>Kind Kevin</i>	<i>Jealous Jenny</i>
<i>Silly Susan</i>	<i>Neat Ned</i>	<i>Wonderful Wanda</i>
<i>Worried Warren</i>	<i>Caring Calvin</i>	<i>Corrupt Cory</i>
<i>Cool Katie</i>	<i>Mad Marvin</i>	<i>Magnificent Melissa</i>
<i>Beautiful Betty</i>	<i>Zany Zach</i>	<i>Devious David</i>
<i>Frank Frank</i>	<i>Generous George</i>	<i>Irritating Ivan</i>
<i>Sad Sylvia</i>	<i>Tearful Terry</i>	<i>Dull Don</i>
<i>Grumpy Gary</i>	<i>Touchy Tanya</i>	<i>Elegant Edward</i>
<i>Just Justin</i>	<i>Dubious Daniel</i>	<i>Enlightened Elaine</i>
<i>Fearful Fred</i>		

Non-verbals

Flirting - eye talk

Provocative or flashy clothing

Hair

Logos, signs and symbols on clothes

Perfume -- the right smell

Begging & pleading

The sob story

I'm going to kill myself

Putting yourself down

Begging and pleading

Pleeeeeeeeeease

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Sulking

Mope in A corner

Rescue me

Blackmail

I'm going to tell about when you did that.

I'll tell that you did it even though it's not true.

You owe me

Emotional blackmail

I'll love you if you do that.

The guilt trip

I'm disappointed in you

If you do this, I'll be your friend for ever.

Threats of violence

Threats of bodily harm

- Against you
- Against someone you care about

Threats of destruction of property

- Against you
- Against someone you care about

Destruction of property

- Residence
- Personal property
- Homework
- Property of someone you care about

Vidence

- Fists
- Weapons
- Against you
- Against someone you care about

When you are A victim,

How do you feel?

How do you behave?

What choices do you have?

Ways to respond

Choose to play,

Choose not to play,

Choose surrender

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Choose to play

Respond with your own
Game Of Power

Danger: You may
escalate the
intensity of the
conflict!

Choose not to play

Say, "I choose not to play your games."

Walk away: a consequence still exist.

You may be branding and labeling coward, chicken,

You can still get hurt by not playing.

Someone can still mess up your life.

The fear can limit your world.

Walking away from a fight can be dangerous.

What about all those things that may happen?

What do people think?

What will they say?

Games of needy people.

Games of power are the games of needy people.

Without a victim a bully is powerless.

Without an audience, the showoff has no show.

Without an opponent a player has no game.

Without a follower a leader cannot lead.

Without a student a teacher cannot teach.

So who has the power?